

Swim Wales National Championships 2025 - 24/04/2025 to 27/04/2025
Meet Program - Session 5 (Warmup 12.10 - 12.40)

Event 221 Female 12-13 50 LC Meter Butterfly				
Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims				
1				_____
2				_____
3	Lewis, Evie	12	Pembs Cty	36.90 _____
4	Evans, Cadi	13	Swansea Aq	36.10 _____
5	Morris, Blair	12	Neath	36.66 _____
6	Owen, Nel	12	NofioGwynedd	36.90 _____
7				_____
8				_____
Heat 2 of 5 Prelims				
1	Willis, Ffion	13	Torfaen D	35.83 _____
2	Roberts, Bethan	13	Wrexham	35.70 _____
3	Olszewska, Maya	13	Co Newport	35.46 _____
4	Parry, Abigail	12	Nofio S Gar	35.30 _____
5	Jasper, Lily	13	Co Cardiff	35.40 _____
6	Gettins, Bethan	13	Co Newport	35.66 _____
7	Thomas-Owen, Efa	13	NofioGwynedd	35.70 _____
8	Davies, Elizabeth	12	Pembs Cty	36.10 _____
Heat 3 of 5 Prelims				
1	Matthews, Catrin	12	Co Cardiff	34.57 _____
2	Hnoiana, Valentyna	13	Swansea Aq	33.90 _____
3	Eyre, Maiya	13	Buckley	33.20 _____
4	Davies, Isla	12	Nofio S Gar	32.30 _____
5	O'hara, Noelle	12	Wrexham	32.95 _____
6	Fordham, Freya	13	Co Newport	33.65 _____
7	Beasley, Evaleigh	12	Swansea Aq	34.31 _____
8	Summerfield, Lucy	13	Nofio S Gar	35.28 _____
Heat 4 of 5 Prelims				
1	Wood, Lilly	12	Neath	34.43 _____
2	Sedgemore, Lola	13	Neath	33.72 _____
3	Klak, Nina	13	Co Newport	33.01 _____
4	Berner, Iyla	12	Nofio S Gar	31.80 _____
5	Mellor, Medi	13	Nofio Bangor	32.40 _____
6	Morgan-Basini, Ruby-May	13	Merthyr Tydf	33.60 _____
7	Rowland, Scarlett	13	Neath	34.29 _____
8	McShane, Anya	13	Co Cardiff	34.86 _____
Heat 5 of 5 Prelims				
1	Williams, Paige	13	Swansea Aq	34.38 _____
2	Williams, Daisy	13	Nofio Bangor	33.70 _____
3	Jones, Lola-Grace	13	Torfaen D	33.01 _____
4	Sweet-Roberts, Pip	13	Torfaen D	30.58 _____
5	Meenagh, Mai Van	13	Co Cardiff	32.34 _____
6	Williams, Layla	13	Newtown	33.25 _____
7	Emms, Ela	13	Co Cardiff	33.91 _____
8	Roberts, Connie-Rae	12	Co Newport	34.67 _____
Event 222 Boys 12-13 50 LC Meter Butterfly				
Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims				
1	Godfrey, Griffydd	12	Welsh Ind	36.60 _____
2	Evans, Sam	13	Pembs Cty	34.78 _____
3	Watkins, Dylan	13	Torfaen D	34.10 _____
4	Jones, Spencer	13	Wrexham	33.31 _____
5	Jones, Sam	12	Co Cardiff	34.01 _____
6	Morgan, Josh	13	Co Newport	34.40 _____
7	Nuttall, Harri	12	Rhyl Dolphin	35.50 _____
8				_____

Heat 2 of 2 Prelims				
1	King, Henri	12	Co Cardiff	35.90 _____
2	Palmer, Evan	13	Torfaen D	34.70 _____
3	Hughes, Fraser	13	Rhondda	34.06 _____
4	Pugh, Bryn	12	Co Hereford	33.12 _____
5	Noden, Rory	13	Pembs Cty	33.35 _____
6	Evans, Jake	13	Wrexham	34.15 _____
7	Bancroft, Theo	13	Monnow	35.00 _____
8	Miller, Ethan	12	Ruthin	37.20 _____
Event 223 Female 12-13 400 LC Meter Freestyle (HDW)				
Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals				
1				_____
2				_____
3	Beasley, Evaleigh	12	Swansea Aq	5:25.46 _____
4	Davies, Ava-Rose	12	Nofio S Gar	5:19.40 _____
5	Roberts, Connie-Rae	12	Co Newport	5:19.50 _____
6				_____
7				_____
8				_____
Heat 2 of 3 Finals				
1				_____
2	Gray-Thomas, Jessica	12	Conwy	5:17.60 _____
3	Olszewska, Maya	13	Co Newport	5:10.71 _____
4	Chauhan, Amber	13	Nofio Bangor	5:08.79 _____
5	Filmer, Gwennan	13	Nofio S Gar	5:10.10 _____
6	Thomas-Owen, Efa	13	NofioGwynedd	5:11.50 _____
7	Thomas, Carys	13	Northampton	5:17.64 _____
8				_____
Heat 3 of 3 Finals				
1	Pitt, Seren	13	Co Cardiff	5:04.02 _____
2	Jones, Alice	13	Maidenhead	4:58.67 _____
3	Berner, Iyla	12	Nofio S Gar	4:54.27 _____
4	Sherrard, Alex	13	Torfaen D	4:45.90 _____
5	Klak, Nina	13	Co Newport	4:51.30 _____
6	Donaldson, Evie	13	Co Newport	4:58.60 _____
7	Davies, Macy	13	Torfaen D	5:02.70 _____
8	Pawlowski, Isabelle	13	Corby	5:07.17 _____
Event 224 Boys 12-13 200 LC Meter Backstroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims				
1				_____
2	King, Henri	12	Co Cardiff	2:50.68 _____
3	De Haan, Charlie	12	Holywell	2:43.25 _____
4	Jenkins, Rhys	12	Co Cardiff	2:36.19 _____
5	Williams, Heath	13	Wrexham	2:41.60 _____
6	Nuttall, Harri	12	Rhyl Dolphin	2:46.33 _____
7	Leigh, Jacob	12	Co Cardiff	2:56.53 _____
8				_____
Heat 2 of 2 Prelims				
1				_____
2	Cook, Noah	12	Torfaen D	2:47.51 _____
3	Ogden, George	13	Redditch	2:42.10 _____
4	King, Ethan	13	Penyrheol	2:28.60 _____
5	Noden, Rory	13	Pembs Cty	2:36.70 _____
6	Jones, Dafydd	13	Nofio S Gar	2:45.50 _____
7	Miller, Ethan	12	Ruthin	2:55.60 _____
8				_____

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Meet Program - Session 5 (Warmup 12.10 - 12.40)

Event 225 Female 12-13 100 LC Meter Backstroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims				
1				___
2				___
3	Llewellyn, Holly	12	Co Newport	1:23.14 ___
4	Brown, Alyssa	12	Rct Squad	1:20.80 ___
5	Taylor, Imogen	12	Torfaen D	1:21.50 ___
6				___
7				___
8				___
Heat 2 of 4 Prelims				
1	Owen, Nel	12	NofioGwynedd	1:19.20 ___
2	Pawlowski, Isabelle	13	Corby	1:17.74 ___
3	Thomas, Carys	13	Northampton	1:15.63 ___
4	Davies, Isla	12	Nofio S Gar	1:11.60 ___
5	Williams, Paige	13	Swansea Aq	1:14.30 ___
6	Fordham, Freya	13	Co Newport	1:17.15 ___
7	Emms, Ela	13	Co Cardiff	1:18.42 ___
8	Davies, Elizabeth	12	Pembs Cty	1:20.50 ___
Heat 3 of 4 Prelims				
1	Chauhan, Amber	13	Nofio Bangor	1:18.70 ___
2	Van Zyl, Kiara	13	Co Cardiff	1:17.72 ___
3	Olszewska, Maya	13	Co Newport	1:15.51 ___
4	Prosser, Sofia	13	Torfaen D	1:09.16 ___
5	Donaldson, Evie	13	Co Newport	1:13.90 ___
6	Jones, Lola-Grace	13	Torfaen D	1:16.90 ___
7	Williams, Daisy	13	Nofio Bangor	1:18.30 ___
8	O'hara, Noelle	12	Wrexham	1:19.32 ___
Heat 4 of 4 Prelims				
1	Thomas-Owen, Efa	13	NofioGwynedd	1:18.60 ___
2	Jasper, Lily	13	Co Cardiff	1:17.70 ___
3	Eyre, Maiya	13	Buckley	1:15.40 ___
4	Sweet-Roberts, Pip	13	Torfaen D	1:07.70 ___
5	Lewis, Harriet	13	Co Cardiff	1:12.67 ___
6	Berner, Iyla	12	Nofio S Gar	1:16.30 ___
7	Roberts, Bethan	13	Wrexham	1:18.20 ___
8	Gettins, Bethan	13	Co Newport	1:19.30 ___

Event 226 Boys 12-13 100 LC Meter Breaststroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Prelims				
1				___
2	Pugh, Bryn	12	Co Hereford	1:34.46 ___
3	Marques-Jones, Felix	13	Nofio S Gar	1:28.20 ___
4	Wynne, Jasper	13	Royal Wolv	1:23.30 ___
5	Thomas, Wilf	13	Millfield	1:26.40 ___
6	Clarander, William	13	Co Cardiff	1:28.42 ___
7				___
8				___

Event 227 Female 12-13 200 LC Meter Breaststroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims				
1				___
2	Roberts, Phoebe	13	Conwy	3:15.60 ___
3	O'hara, Noelle	12	Wrexham	3:10.50 ___
4	Parry, Abigail	12	Nofio S Gar	3:01.76 ___
5	Summerfield, Lucy	13	Nofio S Gar	3:07.30 ___
6	Kinnaird, Darcy	13	Co Cardiff	3:13.59 ___
7	Roberts, Connie-Rae	12	Co Newport	3:19.50 ___
8				___
Heat 2 of 3 Prelims				
1	Matthews, Catrin	12	Co Cardiff	3:21.00 ___
2	Filmer, Gwennan	13	Nofio S Gar	3:13.80 ___
3	Evans, Cadi	13	Swansea Aq	3:10.30 ___
4	Reasons, Darcy	13	Torfaen D	2:58.20 ___
5	Mellor, Medi	13	Nofio Bangor	3:04.60 ___
6	Jones, Cadi	13	Co Cardiff	3:13.20 ___
7	Owen, Nel	12	NofioGwynedd	3:17.70 ___
8				___
Heat 3 of 3 Prelims				
1	Lewis, Evie	12	Pembs Cty	3:19.85 ___
2	Rossiter-Wargent, Mia	12	Pembs Cty	3:13.60 ___
3	Prickett, Chloe	13	Co Cardiff	3:09.83 ___
4	Lewis, Harriet	13	Co Cardiff	2:49.20 ___
5	Lee, Seol Lucy	13	Co Cardiff	3:02.90 ___
6	Van Zyl, Kiara	13	Co Cardiff	3:13.08 ___
7	Lawn, Gayle	12	Torfaen D	3:15.60 ___
8				___

Event 228 Boys 12-13 200 LC Meter IM				
Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims				
1				___
2	Jenkins, Rhys	12	Co Cardiff	2:54.68 ___
3	Thomas, Wilf	13	Millfield	2:50.00 ___
4	Wynne, Jasper	13	Royal Wolv	2:44.43 ___
5	Palmer, Evan	13	Torfaen D	2:48.30 ___
6	Chalk, Alistair	13	Co Newport	2:50.98 ___
7	Miller, Ethan	12	Ruthin	3:00.80 ___
8				___
Heat 2 of 3 Prelims				
1				___
2	De Haan, Charlie	12	Holywell	2:53.60 ___
3	Jones, Sam	12	Co Cardiff	2:48.47 ___
4	Jones, Spencer	13	Wrexham	2:42.81 ___
5	Morgan, Josh	13	Co Newport	2:48.10 ___
6	Evans, Jake	13	Wrexham	2:50.10 ___
7	Garrett, Ben	12	Merthyr Tydf	3:00.30 ___
8				___
Heat 3 of 3 Prelims				
1				___
2	Watkins, Dylan	13	Torfaen D	2:51.50 ___
3	Jones, Dafydd	13	Nofio S Gar	2:48.30 ___
4	King, Ethan	13	Penyrheol	2:38.20 ___
5	Noden, Rory	13	Pembs Cty	2:47.77 ___
6	Cook, Noah	12	Torfaen D	2:50.10 ___
7	Nuttall, Harri	12	Rhyl Dolphin	2:59.83 ___
8				___

Swim Wales National Championships 2025 - 24/04/2025 to 27/04/2025**Meet Program - Session 5 (Warmup 12.10 - 12.40)****Event 229 Men 12 & Over 800 LC Meter Freestyle (HDW)**

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals				
1	Chalk, Alistair	13	Co Newport	10:33.58 ____
2	Harvey, Hugo	14	Co Cardiff	10:05.70 ____
3	Duggan, Brandon	15	Co Cardiff	9:49.07 ____
4	Reece, Liam	15	Co Newport	9:44.90 ____
5	Latham, Elliot	15	Winchester	9:45.70 ____
6	Baldwin, Thomas	14	Holywell	10:03.74 ____
7	Jones, Spencer	13	Wrexham	10:29.70 ____
8				____
Heat 2 of 3 Finals				
1	Davies, Tom	15	Co Newport	9:33.67 ____
2	Davies, Brynley	15	Co Newport	9:11.70 ____
3	Park, Reggie Samuel	15	Holywell	9:03.80 ____
4	Twigger, Owen	16	Swansea Aq	8:58.20 ____
5	Williams, Owen	16	NofioGwynedd	9:01.30 ____
6	Evans, Ieuan	18	Cambrian AA	9:07.71 ____
7	Williams, Thomas	15	Nofio S Gar	9:15.80 ____
8	Parfitt, Sebastian	15	Co Cardiff	9:40.52 ____
Heat 3 of 3 Finals - Swimming with Finals				
1	Owen, Vinnie	17	Co Cardiff	8:57.34 ____
2	Keeble, Alex	21	Swansea Uni	8:41.80 ____
3	Parsons, Joseph	18	Co Cardiff	8:34.40 ____
4	O'Brien, Joshua	20	Co Cardiff	8:26.39 ____
5	Clegg, Luke	20	Swansea Uni	8:31.50 ____
6	Geysen-Holley, Max	20	Co Cardiff	8:37.50 ____
7	Davies, William	18	Co Newport	8:50.40 ____
8	Morgan, Lewis	18	Bridgend Cty	8:57.81 ____